

**LAHAD ONE FOXTROT ARRIVAL (LAHAD 1F)**

SEQ	PATH TERMINATOR	WAYPOINT IDENTIFIER	FLY OVER	COURSE (°M)	DISTANCE (NM)	TURN DIRECTION	ALTITUDE (FT)	SPEED LIMIT (KIAS)	NAVIGATION SPECIFICATION
010	IF	LEKIM	-	-	-	-	+9000	-	RNAV 1
020	TF	OMBUN	-	344°	14.7	-	+6500	-	RNAV 1
030	TF	BIMIT	-	282°	5.0	L	+5500	-	RNAV 1
040	TF	DADAB	-	282°	10.8	-	+3000	-	RNAV 1
040	TF	TEBOS	-	011°	5.0	R	+1700	-	RNAV 1

**WAYPOINT LIST**

WAYPOINT IDENTIFIER	COORDINATES
AKMAR	05° 54' 14.18" N 117° 26' 20.90" E
ANKOB	05° 42' 42.01" N 117° 28' 00.01" E
BELDA	06° 09' 18.22" N 117° 29' 26.20" E
BIMIT	05° 45' 18.49" N 118° 02' 30.67" E
DADAB	05° 47' 22.56" N 117° 51' 53.91" E
GUSMO	05° 54' 12.30" N 117° 39' 25.20" E
LEKIM	05° 30' 09.22" N 118° 11' 39.53" E
OMBUN	05° 44' 20.86" N 118° 07' 26.08" E
ROZAX	05° 51' 29.97" N 117°47' 52.64" E
RUNDU	06° 10' 02.51" N 117° 44' 59.76" E
TEBOS	05° 52' 18.79" N 117° 52' 49.70" E
RILMI	05° 56' 41.62" N 117° 50' 22.27" E
UGPEM	05° 46' 36.52" N 117° 40' 36.52" E
UPSOP	06° 04' 08.80" N 117° 41' 26.41" E