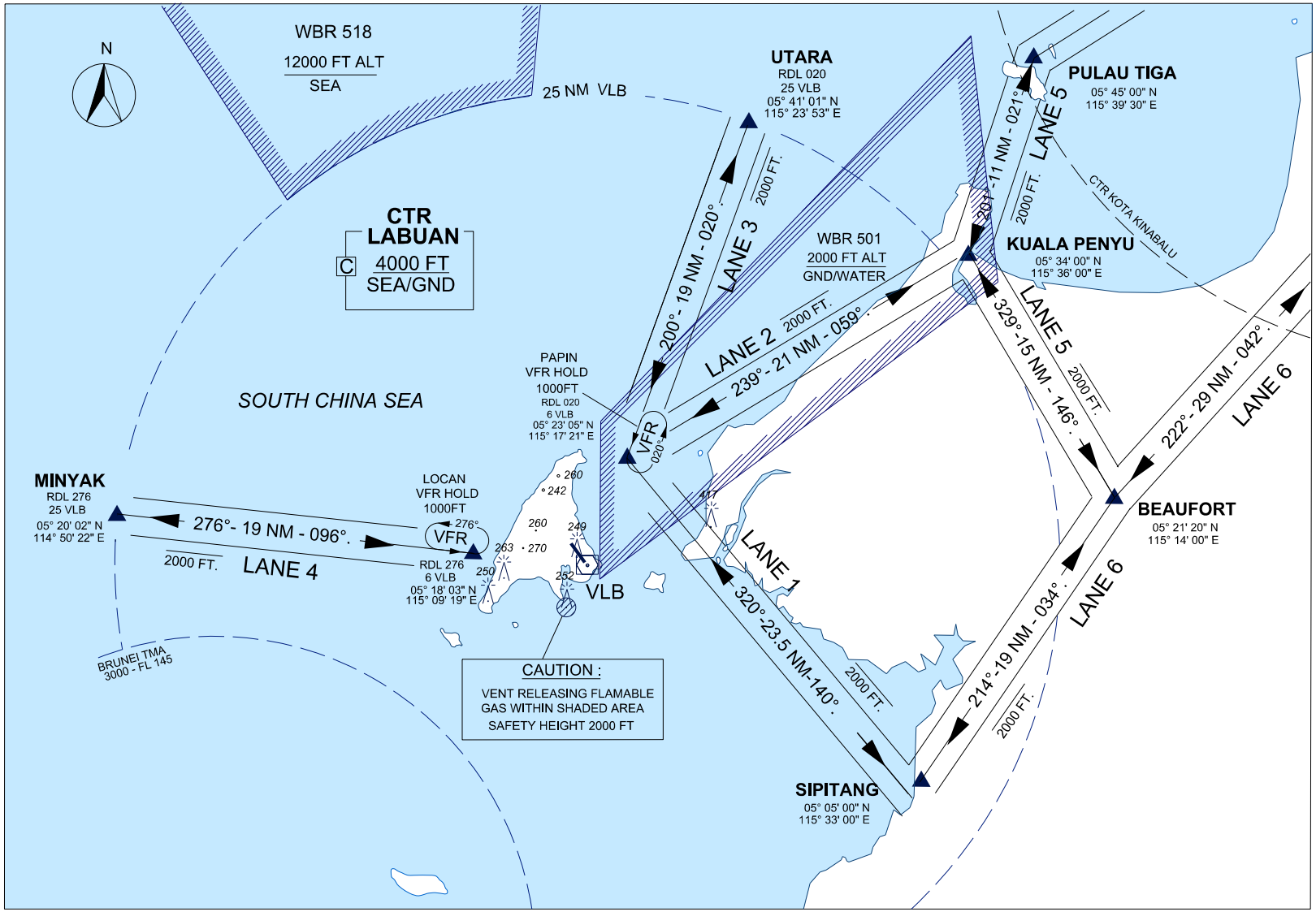VFR ROUTES & VFR AREAS